Do you know your water footprint?

Lunch box 1
- Chicken 50g
- Cucumber 50g
- Banana
- Apple

Lunch box 2
- Yogurt 125g
- Cucumber 50g
- Tomatoes 20g
- Grapes 30g
- A slice of ham
- Walnuts 15g
- Half small baguette
- Biscuits 10g

Lunch box 3
- Pasta 50g (uncooked weight)
- 1 egg 60g
- Small tomatoes 40g
- Clementine

Lunch box 4
- Cucumber 50g
- 1 slice of white bread
- Apple
- 1 lettuce leaf
- 1 slice of tomato

Lunch box 5
- Chicken 10g
- Salami stick 10g
- Grapes 50g
- Banana
- Small tomatoes 30g

Lunch box 6
- 1 slice of brown bread
- 1 slice of cheese
- Grapes 60g
- Small tomatoes 40g
- Clementine
- 1 egg 60g